

RECORDED OUTDOOR ACTIVITY | 2026 TO 12 OCTOBER

175 MILLION STEPS.

75,553 HOURS OUTDOORS.

Alongside scorecards, UDisc recorded 175.4 million tracked steps and 75,553 recreation hours during rounds in England from 1 January to 12 October 2026.

1 JANUARY TO 12 OCTOBER 2026

175.4M

STEPS TRACKED DURING ROUNDS

The rounded total from 175,355,387 tracked steps. Recorded across English courses and layouts.

RECREATION HOURS RECORDED

Cumulative time logged during rounds.

75,553

COURSES IN PUBLIC PARKS

Of the 121 permanent courses listed.

37

COURSES MARKED FREE TO PLAY

Of the 121 permanent courses listed.

56

KEY FINDING

UDisc tracked 175.4 million steps during disc golf rounds in England in 2026 to 12 October.

RECORDED PLAY | FULL-YEAR COMPARISON

DISC GOLF ROUNDS IN ENGLAND MORE THAN TREBLE SINCE 2019

UDisc logged 58,966 rounds in 2025, compared with 17,276 in 2019. The latest part-year figures show play continuing ahead of the same dates last year.

FULL YEARS: 2019 TO 2025

+241%

GROWTH IN ANNUAL RECORDED ROUNDS

From 17,276 rounds in 2019 to 58,966 in 2025. The 2025 total was 3.4 times the 2019 figure.

ROUNDS RECORDED IN 2026

1 January to 12 October 2026.

50,924

AHEAD OF THE SAME DATES IN 2025

50,924 rounds versus 49,135.

+3.6%

PERMANENT ENGLISH COURSES

Listed at the reporting date.

121

KEY FINDING

UDisc recorded more than three times as many rounds in England in 2025 as it did in 2019.

LONG-TERM GROWTH | 2018 TO 2025

RECORDED PLAY UP FIVEFOLD. A MUCH BIGGER COURSE NETWORK.

Annual rounds rose from 10,753 in 2018 to 58,966 in 2025. The long-term increase includes years when recorded play fell, as well as years when it rose.

RECORDED ROUNDS: 2018-2025

27.5%

COMPOUND ANNUAL
GROWTH

The compound annual growth rate in recorded rounds between the full years 2018 and 2025.

2025 VOLUME VERSUS 2018

58,966 in 2025; 10,753 in 2018.

5.5x

PERMANENT COURSE NETWORK

2018 to the October 2026 reporting date.

41 to 121

MORE COURSES THAN IN 2020

53 in 2020; 121 listed in October 2026.

+128%

KEY FINDING

England’s listed permanent disc golf course network grew from 41 in 2018 to 121 by October 2026.

NEW-PLAYER SIGN-UP RESPONSES | 2026 TO 12 OCTOBER

NEW TO DISC GOLF.

38.2% HAD NEVER PLAYED BEFORE.

Among new players who answered UDisc’s experience question, 358 of 938 said they had never played disc golf before.

EXPERIENCE RESPONDENTS

38.2%

FIRST-TIME PLAYERS

358 of 938 new-player experience respondents said they had never played before.

WOMEN AMONG GENDER RESPONDENTS

156 of 814 new-player respondents.

19.2%

ROUNDS PLAYED WITHIN 10 KM

From a player’s approximate home area.*

56.9%

MEDIAN DISTANCE IN THAT ANALYSIS

42,259 analysed rounds, not individual people.*

6 km

THE REPORTING BASIS

Sign-up figures exclude unanswered questions. *Travel analysis covers 13 October 2025 to 12 October 2026.

LOCAL STORIES | PERMANENT-COURSE RECORDS IN 2026

LONGFORD PARK LEADS ENGLAND WITH 6,751 RECORDED ROUNDS.

The Trafford course recorded the most rounds among the permanent English courses in the workbook, from 1 January to 12 October 2026.

MOST RECORDED PERMANENT COURSE

6,751

LONGFORD PARK,
TRAFFORD

13.3% of the 50,924 rounds recorded nationally in the reporting period. National totals also include temporary and event layouts.

CROYDON DISC GOLF, LONDON

Rounds recorded in 2026 to 12 October.

3,338

ALICE HOLT, HAMPSHIRE

1,766 rounds; growth versus same dates in 2025.

+76.1%

DELAMERE, CHESHIRE

809 rounds; growth versus same dates in 2025.

+173.3%

KEY FINDING

Longford Park accounted for more than one in eight UDisc-recorded rounds in England in 2026 to 12 October.